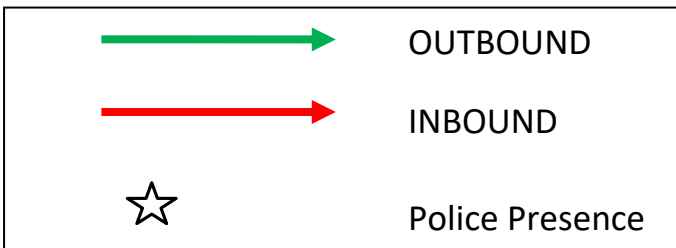
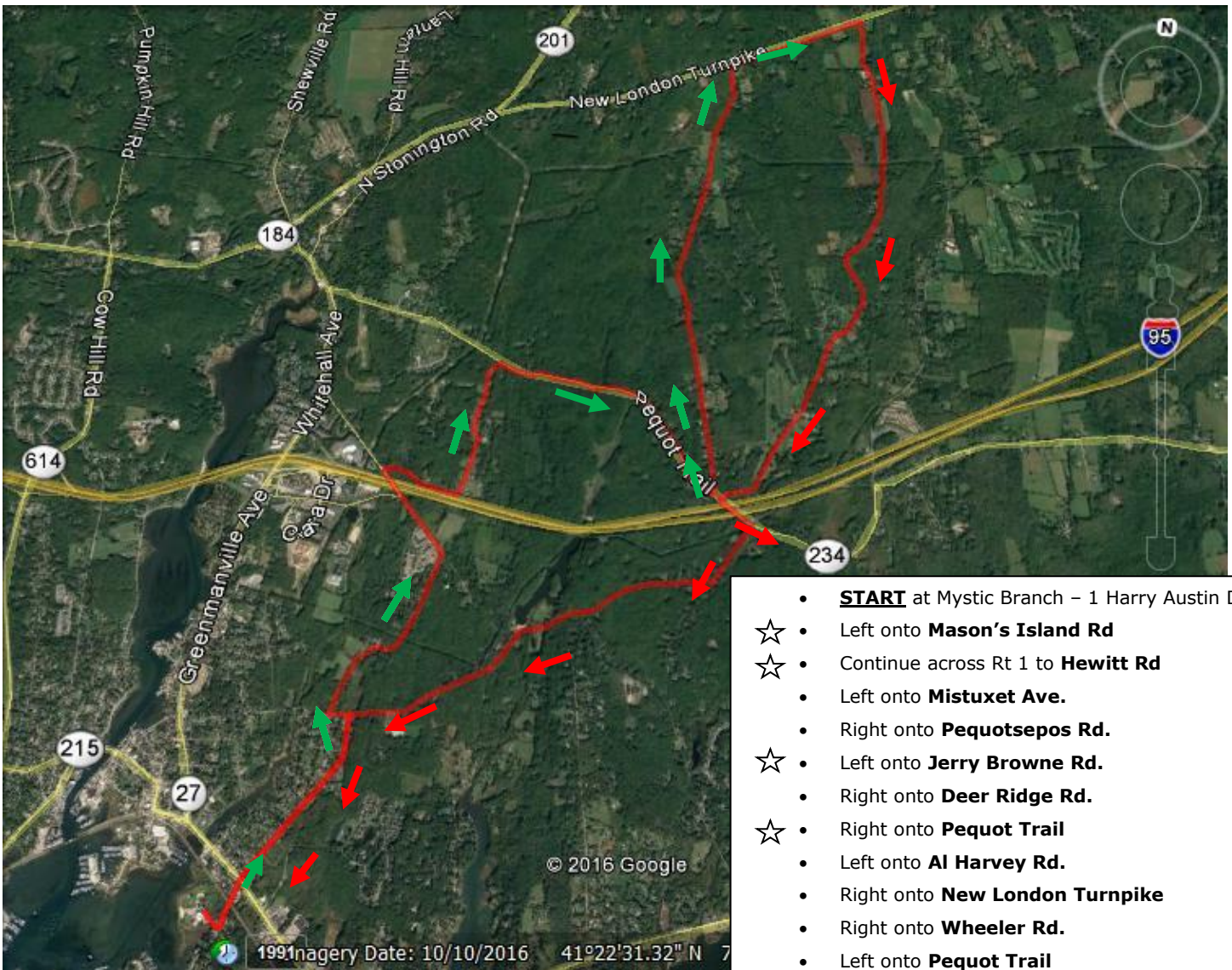




Ocean Community YMCA 34th Mystic River Valley Triathlon Bike Route



- **START** at Mystic Branch – 1 Harry Austin Dr
- ☆ • Left onto **Mason's Island Rd**
- ☆ • Continue across Rt 1 to **Hewitt Rd**
- Left onto **Mistuxet Ave.**
- Right onto **Pequotsepos Rd.**
- ☆ • Left onto **Jerry Browne Rd.**
- Right onto **Deer Ridge Rd.**
- ☆ • Right onto **Pequot Trail**
- Left onto **Al Harvey Rd.**
- Right onto **New London Turnpike**
- Right onto **Wheeler Rd.**
- Left onto **Pequot Trail**
- Right onto **Flanders Rd.**
- Right onto **Pellegrino Rd.**
- Stay Right to continue on **Pellegrino Rd.**
- Continue onto **Mistuxet Ave.**
- ☆ • Stay left to continue on **Mistuxet Ave.**
- Stay Right to continue on **Mistuxet Ave.**
- Left onto **Hewitt Rd.**
- Continue across Rt. 1 to **Mason's Island Rd.**
- Right onto **Harry Austin Drive**
- **FINISH** at Mystic Branch – 1 Harry Austin Dr