

Multi-Purpose Gym Schedule SUMMER 1 - 2017

Ocean Community YMCA
 Westerly - Pawcatuck Branch
 401-596-2894
 oceancommunityymca.org
 Hours: M-F 5AM-10PM, S & S 7AM & 6PM
 Schedule is subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tots 10:30- 11:15 Sarah & Lexa		Mommy & Me 9:30- 10:15 Liz				Tiny Tots 8:30- 9:15 Amy & Chaise
Romp & Stomp 11:30- 12:15 Sarah & Lexa		Gym & Swim 10:15- 11:30 Liz				Basic 9:20- 10:05 Amy & Chaise
Boys Gymnastics 12:20- 1:05 Sarah & Lexa	Tiny Tots 3:00- 3:45 Briana & Rachel		Par-Core JR 3:00-3:45 Briana & Rachel		Intermediate 3:00- 3:45 Briana & Allie	Mommy & Me 10:15- 11:00 Amy & Chaise
Basic 1:10- 1:55 Sarah & Lexa	Basic 3:45- 4:30 Briana & Rachel	Team Level 2 & Xcel Bronze 3:00- 5:00 Liz, Leslie, Allie	Basic 3:45- 4:30 Briana & Rachel	Team Level 2 & Xcel Bronze 3:00- 5:35	Boys Gymnastics 3:45- 4:30 Briana & Allie	Par-Core Sr 11:05- 11:50 Amy & Chaise
		Dance: 3:00- 3:30 SB				Advanced 12:00- 1:15 Amy & Chaise
Teen Gymnastics 2:00- 3:25 Sarah & Lexa	Advanced 4:30- 5:45 Briana & Rachel	Team Level 3 & Xcel Silver 4:00- 6:30 Liz, Leslie, Allie	Advanced 4:30- 5:45 Briana & Rachel	Team Level 3 & Xcel Silver 3:00- 6:15 Liz, Leslie, Allie	Tiny Tots 4:30- 5:15 Briana & Allie	Tumbling 1:20- 2:05 Amy & Chaise
		Vault & Conditioning: 5:45- 6:30		Dance: 3:00- 3:45 SA		Team Level 4, 6, 7, 8, XG & XP 5:15- 8:15 Leslie, Briana, Allie, Meghan
	Team Level 4 & Xcel Gold 5:15- 8:15 Liz, Leslie, Briana	Team 6, 7, 8 & Xcel Platinum 5:15- 8:15 Liz, Leslie, Allie	Team Level 4 & Xcel Gold 5:15- 8:15 Liz, Leslie, Briana	Team 6, 7, 8 & Xcel Platinum 5:15- 8:15 Liz, Leslie, Allie	Team Level 4, 6, 7, 8, XG & XP 5:15- 8:15 Leslie, Briana, Allie, Meghan	Intermediate 2:10-2:55 Amy & Chaise
	Conditioning: 7:45- 8:15	Vault: 6:30- 7:30 Dance: 7:30- 8:15 SB		Conditioning: 7:45- 8:15		