

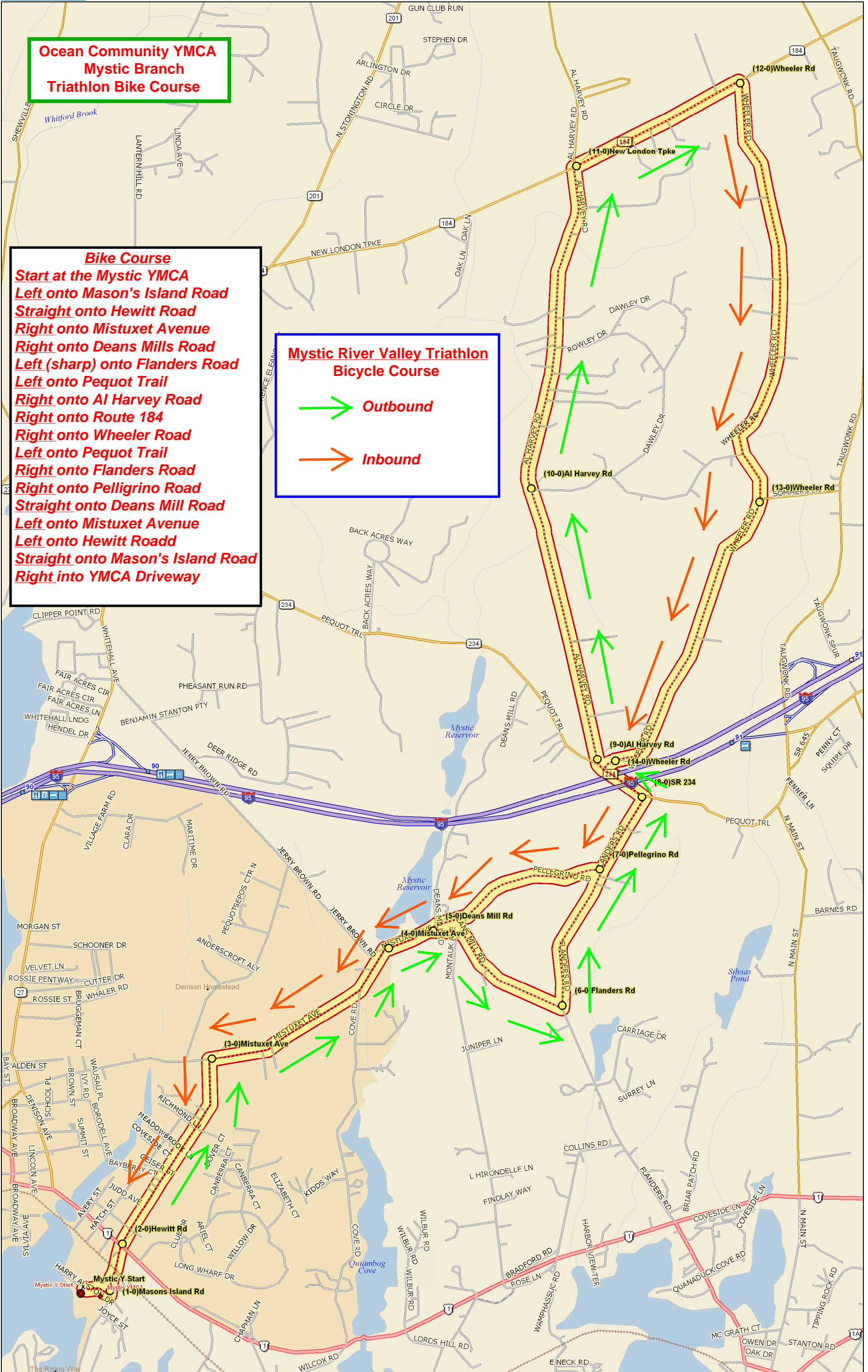
**Ocean Community YMCA
Mystic Branch
Triathlon Bike Course**

Bike Course
Start at the Mystic YMCA
Left onto Mason's Island Road
Straight onto Hewitt Road
Right onto Mistuxet Avenue
Right onto Deans Mills Road
Left (sharp) onto Flanders Road
Left onto Pequot Trail
Right onto Al Harvey Road
Right onto Route 184
Right onto Wheeler Road
Left onto Pequot Trail
Right onto Flanders Road
Right onto Pelligrino Road
Straight onto Deans Mill Road
Left onto Mistuxet Avenue
Left onto Hewitt Road
Straight onto Mason's Island Road
Right into YMCA Driveway

**Mystic River Valley Triathlon
Bicycle Course**

➔ **Outbound**

➔ **Inbound**



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