



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# 24TH ANNUAL TURKEY TROT & DIP

Thanksgiving Day Morning: November 24, 2016

Check In: 8:00 a.m. Race Start: 8:30 a.m.

OCEAN COMMUNITY YMCA - MYSTIC

Early Bird Registration Fee: \$20\*

Day of Registration Fee: \$25

\* = Service Fee May Apply

Join our Family & Friends and take part in this annual Fun Run and River Dip.

Try the 1-mile or 3-mile run/walk and then take the plunge!

Race Shirts guaranteed for the first 500 runners.



Name (First/Last) \_\_\_\_\_ Gender \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ T-Shirt Size (Circle One): X-Small Small Medium Large X-Large

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Relation \_\_\_\_\_ Phone \_\_\_\_\_

In consideration of this entry being accepted, I hereby, for myself and my heirs, executors or administrators waive and release all rights and claims for damages I may have against the Ocean Community YMCA and the YMCA Corporation for any and all injuries incurred before, during or after said race. I understand the road race is on public roads which will not be closed to traffic and I must carefully observe all rules of consideration and safety for myself. I further understand the risk in participation in this event.

Signature of Participant (Parent/Guardian if under 18) \_\_\_\_\_

Date \_\_\_\_\_

**WELCOME CENTER USE ONLY:**

Credit Card (Check One):  AMEX  MC  Visa  Discover  Check

Name on Card: \_\_\_\_\_ Card Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ CVC: \_\_\_\_\_ Owner Signature: \_\_\_\_\_ Staff Initials: \_\_\_\_\_

## GIVE THANKS. GIVE TO OTHERS.

OCEAN COMMUNITY YMCA - MYSTIC

