



POOL SCHEDULE

Westerly-Pawcatuck Branch

August 2nd-August 27th

8/3/2017

FULLER POOL 6 Lanes/25 Yards

Adult Lap Swim

Lane availability is indicated in parentheses. Under 18 years old are allowed if swimming laps. Only 18 and Older allowed after 6:30pm

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:00-8:00am (6)	5:00-9:00am (6)	5:00-8:00am (6)	5:00-9:00am (6)	5:00-8:00am (6)	6:00-4:00pm (6)	6:00am-4:00pm (6)
	8:00-9:00am (1)	9:00-10:00am (3)	8:00-9:00am (1)	9:00-10:00am (3)	8:00-9:00am (1)		
	9:00-11:00am (3)	10:00-4:00pm (6)	9:00-10:00am (3)	10:00-4:00pm (6)	9:00-11:00am (3)		
	11:00-9:30pm (6)	5:00-9:30pm (6)	10:00-9:30pm (6)	5:00-9:30pm (6)	11:00-4:00 (6) 5:00-9:30pm (6)		

THERE WILL ONLY BE 3 LANES AVAILABLE FROM 1:30-3:00 PM ON THE FOLLOWING DATES AUGUST 2nd, 4th, 7th, 9th, and 16th

Water Exercises

Adults 18 years old and up.

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Cardio	8:00-9:00am(H) w/Denise		8:00-9:00am(H) w/Denise		8:00-9:00am(H) w/Denise		
Water Walking	9:00-10:00am(L) w/Rayleen	9:00-10:00am(L) w/Rayleen	9:00-10:00am(L) w/Rayleen	9:00-10:00am(L) w/Rayleen	9:00-10:00am(L) w/Rayleen		
AquaZumba	10:00-11:00am(H) w/Sandy				10:00-11:00am(H) w/Ann		

Swim Team/Swim Lessons

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		4:00-5:00pm		4:00-5:00pm	4:00-5:00pm	10:00-11:00am	

For safety, children under 12 years old must be accompanied by a parent or guardian in the pool area.

Swimmers under 17 years of age, will be deep water tested and must wear an orange wrist band at all times.

A child swimming with a flotation device must have a parent in the pool and stay within arm's reach at all times.

Please share lanes during lap time, circle swimming is recommended.

Pool schedule subject to change at any time.

Pool Sizes:

Fuller Pool- 25 yards long, 6 lanes wide

Buckley Pool- 20 yards long, 4 lanes wide

BUCKLEY POOL 4 Lanes/20 Yards

Youth/Family Swim

Any non-swimmer under 12 MUST be accompanied by a Parent or Guardian in the water.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	2:00-3:30	2:00-3:30pm	2:00-3:30pm	2:30-3:30pm	2:00-4:00pm	2:30-4:00pm	10:00am-12:00pm
	6:30-8:30pm	6:30-7:30pm	6:30-8:30pm	6:30-7:30	6:00-9:30pm		2:30-4:00pm

Adult Recreation

Adults 18 years old and older- No lap swimming allowed during mid-day hrs, *1 lane will be available for lap swim.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	*5:00am-9:00am	*5:00am-7:30am	*5:00am-9:00am	*5:00am-7:30am	*5:00am-8:00am	*6:00am-8:30am	*6:00am-10:00am
	11:00am-1:00pm	11:30am-1:00pm	11:00am-1:00pm	11:00am-1:00pm	11:00am-1:00pm	8:30-9:00am (Deep)	12:00-1:30pm
	*8:30-9:30pm	*8:30-9:30pm	*8:30-9:30pm	*8:30-9:30pm		12:00pm-1:30pm	

Water Exercise

Adults 18 years old and up.

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swimnastics	9:00-10:00am (H)w/Ann		9:00-10:00am w/Ann		9:00-10:00am(H) w/Kelly		
Swimnastics		10:00- 11:00am(H)w/Anne		10:00-11:00am(H) w/Kelly			
Swimnastics	5:30-6:30pm(H) w/Gini		5:30-6:30pm(H) w/Gini				
Twinges & Hinges		1:00-2:00pm(L) w/Ann F		1:00-2:00pm(L) w/Ann F			
Water Walking		7:30-8:30pm(L) w/Marcia		7:30-8:30pm(L) w/Marcia			

Swim Lessons

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1:00-2:00pm	9:00-10:00am	1:00-2:00pm	2:00-2:30pm	1:00-2:00pm	8:30am-12:00pm	
	3:30-5:30pm	11:00am-11:30am	3:30-5:30pm	3:30-6:30pm	4:00-6:00pm		
		3:30-6:30pm					

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