



# 2026 YMCA CAMP COVE CIT PROGRAM APPLICATION

June 29 - August 21, 2026

Name:		Date:	
Home Address:			
City:		State:	Zip:
Home Phone:		Cell Phone:	
E-Mail (main point of contact – <b>print clearly</b> ):			
Name of School:			Current Grade in School*:

**\*Note: CIT program applicants must be entering 9<sup>th</sup> or 10<sup>th</sup> grade during the 2026-2027 school year.**

How did you hear about Camp Cove?

I was a camper  Website  Friend  Other \_\_\_\_\_

## ACTIVITY SKILLS AND ABILITIES

For each of the following skill categories place a:

“1” next to activities you can organize and teach as an expert;

“2” next to activities you can confidently assist in teaching;

“3” next to activities you have some personal experience with;

“0” next to activities that you do not have experience with.

### AQUATICS

- \_\_\_ Swimming
- \_\_\_ Kayaking
- \_\_\_ Canoeing
- \_\_\_ Paddle Boarding

### SPORTS

- \_\_\_ Ga-Ga
- \_\_\_ Basketball
- \_\_\_ Volleyball
- \_\_\_ Softball
- \_\_\_ Kickball
- \_\_\_ Soccer

### ADVENTURE/OUTDOOR SKILLS

- \_\_\_ Archery
- \_\_\_ Climbing Wall
- \_\_\_ Low Ropes/Challenge Course
- \_\_\_ Outdoor Cooking
- \_\_\_ Nature Study
- \_\_\_ Outdoor Cooking

### MISCELLANEOUS

- \_\_\_ Group Games
- \_\_\_ Arts & Crafts
- \_\_\_ Camp Songs
- \_\_\_ Drama/Skits
- \_\_\_ Guitar
- \_\_\_ Magic Tricks
- \_\_\_ Photography
- \_\_\_ Video Production
- \_\_\_ Newspaper Production

### OTHER:

List any other activities you would like to lead at camp: \_\_\_\_\_

\_\_\_\_\_

RECOMMENDATION LETTERS: Two typed and signed recommendations must be included with your application for this program. Recommendations can come from teachers, religious leaders, coaches, club leaders and school advisors. Please make sure their contact information is on the letter. Your application will not be considered without these letters.

NARRATIVE:

**\*Important Note: Please submit the following on a separate, typed paper.**

1. Tell us about your favorite hobbies and/or activities you are involved in at school or in the community, along with any special training and/or any leadership experience you have.
2. Please list and describe any employment or volunteer experiences you have had.
3. In what ways do you think you will benefit from YMCA Camp Cove's CIT program?
4. Define what being a positive role model means to you. Include an example of someone who is a positive role model and why this person fits your definition.
5. What are the most important contributions you can make to camp?
6. If you were working with a group of campers, how would you promote mutual respect and acceptance of everyone?

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*Thank you for your interest in the CIT program at Camp Cove, as well as your enthusiasm toward building your own future as a leader at camp and in your community! If you have any questions or need help with any part of this application, please contact the Camp Director.*

I certify that I have read all of the above and that the information provided on this application is true, complete and correct.

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Applicant Signature

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Date

I certify that I am the legal parent/guardian of this applicant and that this application has been submitted with my approval.

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Parent/Guardian Signature

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Date

PLEASE RETURN TO:

Alexis Sanchez

Camp Director (Camp Cove)

1 Harry Austin Dr, Mystic, CT 06355

Phone: 860-536-3575 x412

Email: [campcove@oceancommunityymca.org](mailto:campcove@oceancommunityymca.org)

Upon receipt of your application, you will be contacted for an interview.  
Payment and camper registration form will be due upon acceptance into the CIT program.