



Gymnasium Schedule
Gym @ Westerly-Pawcatuck Branch
 January 2nd - February 19th

95 High Street
 Westerly, RI 02891
 4015962894

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Open Gym 5am - 6:45am	Open Gym 5am - 7:45am	Open Gym 5am - 6:45am	Open Gym 5am - 6am	Open Gym 5am - 6:45am		
6am				Pickleball 6am - 8am		Open Gym 6am - 7:45am	Open Gym 6am - 7:45am
				Open Gym- Half court 6am - 8am			
8am				Open Gym 8am - 9am			
10am	Open Gym 10am - 6pm						
11am		Open Gym 11:15am - 12pm	Open Gym 11:15am - 6pm	Open Gym 11:30am - 12pm		Open Gym 11am - 4pm	
12pm					Open Gym 12:15pm - 5pm		Open Gym 12pm - 1pm
1pm		Open Gym 1pm - 5pm		Open Gym 1pm - 5pm			Pickleball 1pm - 4pm
							Open Gym- Half court 1pm - 4pm
5pm		Open Gym- Half court 5pm - 7pm			Open Gym- Half court 5pm - 6:30pm		
6pm	Open Volleyball 6pm - 9pm		Open Gym- Half court 6pm - 9pm	Pickleball 6pm - 9pm	Open Gym 6:30pm - 9pm		
	Open Gym- Half court 6pm - 9pm			Open Gym- Half court 6pm - 9pm			
7pm		Open Gym 7pm - 9pm					

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.